

# Lunch

**SERVED FROM 12 NOON - 3 PM (2.30 PM SUNDAYS)**

## Nibbles and Small Plates

Olives £3.50 - Bread & Dipping Oil V, CG, GFA £4.50 - Homemade houmous with pitta bread V, VE £5.50

Homemade Soup of the day served with Upper Crust Bakery bread V, CG, GFA £7.50  
Halloumi fries with homemade chilli mayo V £7.50

## Mains

The 14 Miles East Signature Homemade Beef Burger with cheddar, smoked streaky bacon, lettuce, tomato, pickled gherkin and chilli mayonnaise served in an Upper Crust Bakery bun with hand-cut skin on chips and homemade coleslaw CG, GFA £16.00  
Battered fish and hand-cut skin on chips served with pea puree and homemade tartare sauce £14.50  
Chicken and choriza pasta with a white wine and cream sauce topped with parmesan £14.00

Grilled Halloumi Burger with lettuce, tomato, pickled gherkin and pesto mayonnaise served in an Upper Crust Bakery bun with hand-cut skin on chips and homemade coleslaw V, CG, GFA £14.00  
Macaroni Cheese served with Upper Crust Bakery granary bread and butter £10.00  
Homemade Bubble & Squeak topped with smoked streaky bacon and poached eggs £12.50

Homecooked ham served with two fried eggs and hand-cut skin on chips £13.00  
Eggs Benedict £8.50  
An English muffin topped with smoked streaky bacon, poached eggs and homemade hollandaise sauce

## Sandwiches & Open Sandwiches CG, GFA

Our closed sandwiches are made with white or granary bread from Upper Crust Bakery and served with a salad garnish. Our open sandwiches are served on toasted sourdough from Upper Crust Bakery and served with a balsamic glaze. Add a side of chips £1.50

Mushrooms cooked with cream and blue cheese (Open) V £9.50  
Chicken, smoked streaky bacon and salad leaves £10.00

Homemade battered fishfinger and tartare sauce £10.00  
Homemade houmous and roasted vegetables (Open) V, VE £9.00

Tuna, sweetcorn and mayonnaise £9.00  
Homecooked ham and chutney £9.00

Prawns in a Marie-Rose sauce (Open) £10.00

## Jacket Potatoes served with:

Mushrooms cooked with cream and blue cheese V £9.50  
Sour cream, grated cheddar smoked streaky bacon and spring onions V £10.00

Tuna, sweetcorn and mayonnaise topped with red onion £9.00  
Prawns in a Marie-Rose sauce £10.00

Homemade houmous and roasted vegetables V, VE £9.00  
Baked beans and cheddar V £7.50

## Sides V, VE £3.50 each

Handcut skin on chips - Homemade coleslaw - Garden Salad

Please let us know if you have any allergies

V - Vegetarian, VE - Vegan, VEA - Vegan Available, CG - Contains Gluten, GFA - Gluten Free Available

The majority of items on this menu are available gluten free and our controls and processes have been accredited by Coeliac UK. Items containing gluten are marked CG.



• 14 MILES EAST •

